CHEER ELITE
Dance 2010-2011 Divisions

Teams

Jazz Division- Combination of dance movements with an emphasis on body placement, style, control, extension and uniformity. Jazz dance is a form of modern dance which is heavily influenced by the sounds, rhythms, and techniques of jazz music. Like jazz music, jazz dance is highly individual, with an emphasis on showcasing individual skills, and jazz dancers are skilled at improvisation as well as working with other dancers to achieve a desired look and feel. Costuming may be used in this category.

Lyrical Division - Lyrical dance is a modern dance form which fuses modern dance, jazz, and ballet. Lyrical dance is often referred to as contemporary dance. It requires excellent technique to perform, as the moves are often difficult and precise. Moreover, the dancer must be well aware of facial expressions, essentially acting, to properly perform a lyrical dance piece. Costuming may be used in this category.

Pom Division- Emphasis on uniformity and utilization of strong/sharp pom pom motions/arm placement, as well as ground work and level changes for visual effect. ¾ of the routine must be executed with poms. Costuming may be used in this category.

Prop Division – Any dance routine that involves props (chairs, canes, umbrellas, etc.)

Hip Hop Division- Latest street-style/progressive movements with an emphasis on execution, style, control, creativity, body isolation, rhythm and uniformity. Costuming may be used in this category.

Kick Division- Emphasis on variety of kick series, control, uniformity of height, timing, toe points and team stamina. ¾ of the routine must incorporate kick patterns. Costuming may be used in this category.

Step-Stomp Division- Step teams will perform a routine **no longer than** 4 minutes. Use of music is optional. Routine must emphasize on sharp, stepping and stomp movements. Costuming may be used in this category.

Fight Song – Consists of the squad performing their school fight song/chant to the school fight song music.

Time Out Dance - Consists of the squad performing a routine no longer than 1 minute that they would typically perform during a time out at a ball game. Can be any style of dance.

Teams may enter in all 9 of the dance divisions at each competition.

Individual/Duets

Individual Jazz/Lyrical routines - May not exceed 1 ½ minutes. See Jazz/Lyrical description above.

Individual Pom routines - May not exceed 1 ½ minutes. See Pom description above.

Individual Hip Hop routines - May not exceed 1 ½ minutes. See Hip Hop description above.

Individual Step routines - May not exceed 1 ½ minutes. See Step description above.

Duet Jazz/Lyrical routines - May not exceed 1 ½ minutes. See Jazz/Lyrical description above.

Duet Pom routines - May not exceed 1 ½ minutes. See Pom description above.

Duet Hip Hop routines - May not exceed 1 ½ minutes. See Hip Hop description above.

Duet Step routines - May not exceed 1 ½ minutes. See Step description above.